

Richard Alexander/U.S. Navy photo

Seabees from Naval Underwater Construction Team ONE, Little Creek, Va., begin to reinforce the support pilings at Pier One, Naval Station Newport, under a Naval Facilities Engineering Command tasking. A total of 22 piles near the quay wall will be repaired. The bow of the aircraft carrier Saratoga is at left.



# Air Force to mark 56th

Air Force students at the Naval War College will mark the 56th anniversary of the air service with a flyover on Sept. 16.

— Page 2



# NACC studies trauma, stress

Reserve Army major leads a clinic at the Naval Ambulatory Care Center on recognizing Post Traumatic Stress Disorder.

---- Page 3



# Wee critters visit ASYMCA

Animal Experience education program visits the ASYMCA with a variety of reptiles, amphibians and small animals.

— Pages 8-9

NAVSTA Public Affairs Staff

There are thieves out there looking to steal your good name.

That was the message of speakers at the Fleet and Family Support Center's (FFSC) Identity Theft seminar on Thursday, Sept. 4.

Though it was a small turnout, the attendees learned how to reduce the risk of identity theft and what to do if their identity is stolen.

Fran Christian and Dennis Dorando of the Navy Federal Credit Union said there are 400 ways to invade privacy, and they explained the various methods and gave facts about identity theft.

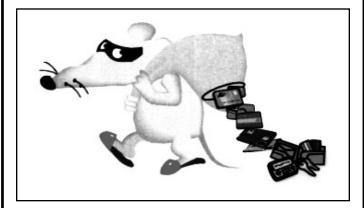
Through the loss or theft of a purse or wallet, to pick-pocketing, to hacking into computers and "dumpster diving," more than 27 million American have been victimized over the past five years, the Federal Trade Commission reported recently.

Identity theft occurs when someone uses your name or personal information without your permission.

This information can be retrieved in many ways, such as with a social security number, a driver's license number, over the Internet, a credit card number, or telephone number.

Identity thieves will then take that information and open credit accounts and bank accounts, and make large purchases. Nearly anything is possible, the Navy Federal Credit Union representatives said.

Affecting one of every four



### The facts on stolen identity

- 27.3 million Americans have been victims of identity theft in the last five years.
- · Identity theft losses last year to businesses and financial institutions totaled \$47.6 billion and consumer victims reported \$5 billion in out-of-pocket expenses.
- 52 percent of all ID theft victims, approximately 5 million people in the last year, discovered that they were victims of identity theft by monitoring their accounts.
- 67 percent of identity theft victims more than 6.5 million victims in the last year - report that existing credit card accounts were misused.
- 49 percent of victims did not know how their information was obtained.
- About 2.5 million people in the past year said their information was lost or stolen, including lost or stolen credit cards, checkbooks or social security cards.

(This information was released by the Federal Trade Commission (FTC) on Sept. 3 after a survey on identity theft of 4,000 households.)

is on the rise. But there are information. ways to protect oneself.

Carry with you only essential sion information, shred documents actions to take if identity theft with important information, occurs. Contact the fraud cancel any used credit cards, departments of each of the safeguard personal informa- three major credit bureaus, tion, review credit reports and creditors for any accounts

adults each day, identity thief with whom you give your

The Federal Trade Commisrecommends twice a year, and be cautious that have been tampered with.

# **Construction begins on CHI gas lines**

Construction began on Taylor Road near the Marine Corps Detachment headquarters yesterday for new underground natural gas lines to most every building on Coasters' Harbor Island.

James Carlson, mechanical engineer at Naval Station Newport Public Works, said pavement is being cut along Taylor energy saving project that Road, east past the tennis began in 1999, New England courts, and then south on Gas Co. will install gas lines Perry Road past the Newport across the island to convert the the next 10 to 20 years.

Chalet to Luce Avenue.

lane, and flaggers will direct ers. Some oil-fired boilers will commuters around the construction

"This phase should take two to three weeks, and is the most complex aspect of the project," Carlson said.

Under a NAVSTA basewide

heating system from central Traffic will be reduced to one steam to natural gas fired boilremain

> Carlson said the natural gas distribution system project should take 10 weeks to complete. It is under the Naval Facilities Engineering Command supervision.

> The upgrade is expected to save hundreds of thousands of dollars in heating costs over

# **Destroyer readied** for commissioning

**By DAVID SANDERS** 

NAVSTA Public Affairs Officer

The Navy's newest Arleigh Burke Class destroyer Chafee (DDG 90) will be commissioned at Naval Station Newport's Pier Two on Saturday, Oct. 18.

The Chafee, constructed at Bath Iron Works, Maine, is the 40th Navy ship of the class. With its complement of approximately 370 crew members, the Chafee's mission is to conduct combat operations at sea as part of an aircraft carrier battle group, an element of a surface action group, or an independent unit.

The ship is 471 feet long and 59 feet wide and can travel at speeds exceeding 30 knots.

Commanded by Cmdr. John chairmen of the committee.

W. Ailes of New London, Conn., the ship is named after late U.S. Sen. John H. Chafee, who was a former Secretary of the Navy and Rhode Island governor.

Following its commissioning, the USS Chafee will be homeported in Pearl Harbor, Hawaii, under the command of Commander, Destroyer Squadron 31.

A commissioning committee comprised of members from the Newport County Navy League is coordinating all aspects of ceremony, including fundraising, social and cultural activities for the crew, invitations, and public relations.

Joseph McEnness and Frank Hanson of Newport are co-

# **Air Force flyover** to mark 56th year

U. S. Air Force students and faculty assigned to the Naval War College on Tuesday, Sept. 16, will celebrate the air service's 56th anniversary and remember the nation's prisoners of war and those missing in action (POWs/MIAs).

The observance will include a flyover by Air Force and Air National Guard aircraft. Birthday celebration activities will begin at noon on Colbert Plaza overlooking Narragansett Bay. Rear Adm. Ronald A. Route, president of the college, is scheduled to speak.

Aircraft participating in the flyover will represent a cross section of the Air Force inventory. Scheduled are F-15 Eagle fighters from Otis Air National Guard Base in Massachusetts, and B-1 Lancer bombers from Ellsworth Air Force Base, South Dakota.

Cake and beverages will be served immediately after the flyover and all Naval War College staff, faculty, and students are invited to attend.



Capt. Robert P. McLaughlin Jr.

**David Sanders** NAVSTA Public Affairs Officer

**Ron Fontaine** 

**Bob Krekorian** 

NAVSTA Public Affairs Staff Joy Christmas NAVSTA Public Affairs Staff

**Greg Kohlweiss** NAVSTA Public Affairs Staff

Richard Alexander

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The Newport Navalog is printed on recycled paper.

DOWN WITH BIG TOP — Greg O'Shea, the assistant facilities manager at Morale, Welfare and Recreation Department, removes poles from one of the last concession tents erected on Dewey Field for the 'Salute to Summer' concert by Navy Band Northeast on Aug. 29. The next outdoor performance will be the popular Sailors' Concert in October.

# **NACC** staff enlightened on post traumatic stress

**By JOY CHRISTMAS** NAVSTA Public Affairs Staff

It's normal to replay significant events over and over in our minds, but if the event is traumatic it can sometimes impede daily functioning.

Post Traumatic Stress Disorder, or PTSD, can become a daunting challenge not only for those afflicted, but for to patients living with PTSD. health care professionals who Army Reserve Maj. Peter Navy, the training ironically

Since Sept. 11, 2001, the number of PTSD cases is increasing. As such, the need for qualified health care professionals cognizant in the area has escalated.

Personnel at the Naval Ambulatory Care Center Newport attended a three-day training session to identify signs and effectively respond Bauer, a licensed clinical social



Maj. Bauer

worker from the Veterans Health Care System Kerriville, Texas, facilitated the training.

Α joint e n d e a v o r between the Army and the

was initially scheduled for

STRESS, Page 13

### **Newport Naval Cable TV**

# **CPO-selectees sail** on 'Old Ironsides'

Navy and Marine Corps News airs daily at 8:30 a.m., noon and 5:30 p.m. on channel 11. Look for the following stories and more on this week's

- USS Enterprise (CVN 65) participates in Composite Training Unit Exercise. NATO countries come together in Iceland for Tactical Exchange. Keflavik
- The DoD Tricare Management Activity announces initiative to focus on family-centered care.
- A USS Ronald Reagan (CVN 76) Sailor receives a Navy Achievement Medal for quick reaction to a potential disaster. The Navy selects its first chief warrant officers 5.
- —The USS Constitution Chapter of the Surface Navy Association names its first George Sirian Meritorious Service Award recipient

### Fleet and Family Support

Parents and teenagers may be interested in the Fleet and Family Support Center video series. These programs deal with a variety of topics, which are of interest to children of all ages, and families.

The programs air daily on channel 11 at 10 a.m., 1:30 and 7 p.m. The weekly schedule is displayed below.

To obtain a video schedule or for more information, contact the Naval Station Newport Public Affairs Office at 841-

DAY	TITLE
Friday	Smoking: The
through	Truth Unfiltered
Sunday	
Monday	School: Making the
	Grade
Tuesday	Twisted Love:
-	Dating Violence
	Exposed
Wednesday	Refusal Skills for
	Teens
Thursday	Anger, Temper
	Tantrums and
	Violent Emotions

### A number of things...

40

The number of Arleigh Burke class destroyers built for the Navy, including 22 at Bath Iron Works. The 40th is the guided missile destroyer Chafee, which will be commissioned in Newport next month. Story Page 2.

39,300

The number of Hispanic Americans, out of a U.S. population of 29 million of Hispanic origin, who serve in the U.S. Navy. This year, National Hispanic Heritage Month will be observed from Sept. 15 to Oct. 15.

# **Diabetic to recap** solo sailboat race

Canadian yachtsman John tures, and how he thought his Dennis, who was diagnosed with Type 2 diabetes but qualified to enter the 2002-3 Around the World Alone Race, will speak Sept. 23 at 10 a.m. at ulated his desire for chalthe Naval Ambulatory Care lenges, making him more Center command conference room, Building 43.

The presentation is sponsored by the Diabetes Program, Health Promotion Clinic at NACC Newport.

Dennis, who was one of 13 speak on his sailing adven-

childhood dream was crushed when diagnosed with diabetes

However, the diagnosis stimdetermined than ever to be the first person with diabetes to sail alone around the world, he said.

Dennis is a veteran of 40 long-distance voyages covering more that 90,000 nautical intrepid sailors in the race, will miles, and is also partially **DIABETIC, Page 12** 

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### **Letter to the Editor**

# Sailor winning the battle against his own diabetes

To the Editor:

I would like to take this opportunity to recognize Gunner's Mate First Class Bobby Ray Johnson (Naval Station Newport) for his perseverance and commitment toward a healthier life.

GM1 Johnson struggled to keep his Type 2 Diabetes under control for the last several years. However, for the past six months, GM1 Johnson has brought his HGBA1C from 13.2 to 6.6 percent. This value is a measurement of compliance and is one of the critical tools we used to monitor diabetes.

An HGBA1C of less than 7 is a difficult task to achieve and maintain for many diabetics.

I commend GM1 Johnson for all of his hard work. Bravo zulu!

**Cmdr. Jean Kremler,** Family Nurse Practitioner NACC, Newport

(GM1 Johnson has given his permission to publish this letter)







Ron Fontaine/U.S. Navy photos

TOP PHOTO: Rear Adm. Joseph Walsh, Commander, Navy Region Northeast (CNRNE), presents Letters of Appreciation and CNRNE command coin to Lt. Jarret Roth, top left, Officer-in-Charge, Explosive Ordnance Disposal Mobile Unit Two Detachment Newport, and the unit's personnel for diving services provided to the U.S. Bureau of Immigration and Customs Enforcement in Somerset, Mass., last month. Others recognized at the Harbor Island Conference Center, from left, were Chief Gunner's Mate Jason Kephart, Chief Boatswain's Mate Kevin McAfee and Interior Communications Electrician First Class Ronald McCalicher. Missing is Senior Chief Aviation Ordnanceman Bill Graves.

### **ATTENTION!**

**ALL MILITARY IN TRANSITION** 

# **NCOA JOB FAIR**

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www.ncoausa.org email: ncoavea@ncoausa.org This is an E.E.O. program

### **Good Conduct Medal**

BM1 Thurman T. Hicks, Naval Station Newport Seaport Operations Department, July 16, 2003

### Letter of commendation

MASA Paul M. Redding, Naval Station Newport Naval Security Force, from Commander, Navy Region Northeast, July 16, 2003

MASA Gerald D. Tubbs, Naval Station Newport Naval Security Force, from Commander, Navy Region Northeast, July 16, 2003

MASN Monica R. Birmingham, Naval Station Newport Naval Security Force, from Commander, Navy Region Northeast, July 16, 2003

MASA Norman E. Counts, Naval Station Newport

Naval Security Force, from Public/Ordnance Safety Program Manager, Navy Region Northeast, July 16, 2003

MASN Penny G. Isaac, Naval Station Newport Naval Security Force, from Commander, Navy Region Northeast, July 16, 2003

AN Matthew E. Thompson, Naval Station Newport Naval Security Force, from Commander, Navy Region Northeast, July 16, 2003

AM2 Hansel Mattai, Naval Station Newport Naval Security Force, from Commander, Navy Region Northeast, July 16, 2003 FC1(SW) Mark E. Medeiros, Naval Station

FC1(SW) Mark E. Medeiros, Naval Station Newport Naval Security Force, from Commander, Navy Region Northeast, July 16, 2003

MA1 Tony J. Sanchez, Naval Station Newport Naval Security Force, from Public/Ordnance Safety Program Manager, Navy Region Northeast, July 16, 2003

# Sponsor training session welcomes spouses

held at the Fleet and Family Support Center on Tuesday, Sept. 23, from 9 to 10 a.m. It provides valuable information for individuals who will act as sponsors or department representatives selecting sponsors.

### Fleet and Family **Support Center**

Because the military spouse also plays such a vital role in the Sponsor Program, all spouses are invited and encouraged to participate. Call 841-2283 to register.

**Reading Your Credit Report** — Bring your lunch and a copy of your credit report to the Fleet and Family Support Center on Tuesday, Sept. 23, from 11:30 a.m. to 1 p.m..

A representative from the Navy Federal Credit Union will show you how to read your credit report and how to correct any errors you may find. Registration is required. Call 841-2283.

### Relationship enhancement

— The Fleet and Family Support Center has scheduled a workshop for individuals and couples who would like to hear about some proven ways to improve communication in their personal relationships. The five-session workshop begins Tuesday, Sept. 23, from 6:30 to 8:30 p.m. Registration is required and may be made by calling 841-2283...

Effective resumes — The Fleet and Family Support Center is offering a workshop entitled, Effective Resumes, on Wednesday, Sept. 24, from 11:30 a.m. to 1 p.m. A resume is one of your most important tools when looking for a job. Learn how to prepare an effective resume that will get you an interview.

For more information or to register, call 841-2283.

Car buying — You want to buy a new car. An image of your dream car hovers in your mind-it is shiny, colorful, and purrs like a kitten. But, standing between you and your dream car is the car dealer. How do you get the best car for a fair price?

Come to the Fleet and Family Support Center on Thursday, Sept. 25, from 11:30 a.m. to 1 p.m., to find out how to gather

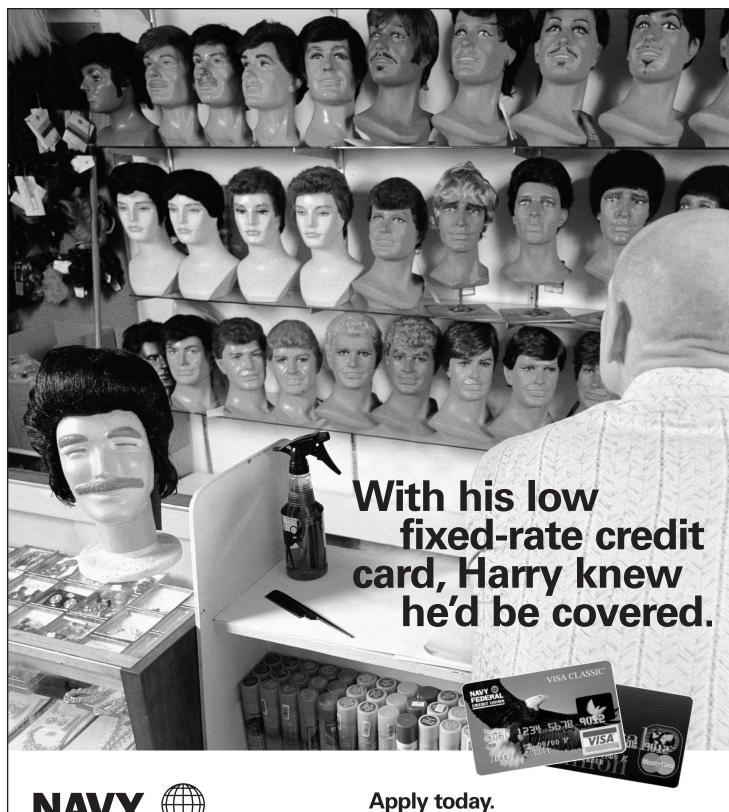
Sponsor Training will be your resources and be well questions that need to be options and decipher real mortgages and other financial informed. Call 841-2283 to answered before you take that estate lingo. register.

Homebuyers' Workshop — Purchasing a home is a complex task. There are many p.m., and learn about your hand about qualifications for calling 841-2283.

big step. Come to the Fleet and Family Support Center on sentative from the Navy Feder- United States is available at Thursday, Sept. 25, from 7 to 9 al Credit Union to hear first-

You will meet with a repre-

options. Home-buying information for all areas of the this workshop. Register by



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Navy Federal Credit Union can serve most active and retired Navy and Marine Corps military personnel, Department of the Navy civilian employees and their families. Federal law generally prohibits federal credit unions from serving nonmembers. Federally insured by the National Credit Union Administration



# **Instruction offered** on 30-foot sailboats

Qualified Rhodes 19 skippers may upgrade their qualifi-Shields class sailboats in a single weekend.

If you are currently an expepossess equivalent sailing experience, you are eligible to and qualification class Thursday from 5 to 7 p.m. and Saturday from 10 a.m. to noon.

The training and qualification, which is sponsored by the cations to the larger 30-foot Coasters Harbor Navy Yacht Club, will take place outdoors at the Naval Station Newport Marina, and sessions will prorienced Rhodes 19 skipper or ceed even if the weather is mildly inclement.

Cost is \$30 and advance participate in a special training reservations and payment at the Navy Sailing Center and Maria Office is required. Call the Marina at 841-3283.

### What's going on

### **Boat show** all weekend

The 33rd annual Newport International Boat Show is in full swing daily, 10 a.m. to 6 p.m., through Sunday at the Newport Yachting Center.

Hailed as the largest boat show in the Northeast, check out the latest in power and sailboats as well as manufacturers, equipment, accessories, insurance and more coordinated in one location. For more information, call 846-1115, or visit www.newportboatshow.com.

### TODAY, Sept. 12

- Armed Services YMCA (846-9622):
- Ticket to Ride, 9 to 10:15 a.m.
- Investment Fundamentals, 10:30 a.m
- Big Kids Game Night, 6 to 9
- Eastern States Exposition-"The Big E," featuring thrill shows, top name entertainment, circus, rides, shopping, crafts, agricultural exhibits, daily parade and food from around the world, through Sept. 28, West Springfield, Mass. Call (413) 222-2601, or visit www.thebige.com.
- Recreation Center Movie Night -Shown upon request beginning tonight: Daddy Day Care (PG-13); Down With Love (R).
- Free at 5 on Friday at the Providence Children's Museum through August, 5 to 8 p.m., 100 South Street, Providence. Free admission for kids and adults all evening long. Visit www.childrenmuseum.org.

### SATURDAY, Sept. 13

- Naval Academy Prep School football vs. Dean College, Nimitz Field, Naval Station Newport, 1:30
- Wind, Sea, Sky continues through Oct. 26, free, public exhibit of dozens of sculptures on Easton's Beach, Memorial Boulevard.
- Secret Garden Tour "on the Avenue-Bellevue of Course!" A selfguided walking/driving tour of private gardens in Newport's Bellevue

Avenue area and nearby streets, 10 a.m. to 5 p.m. Call 847-0514, or visit www.secretgardentour.com.

- Middletown Rotary Car Show, 10 a.m. to 3 p.m., Fort Adams, Newport. Festival of classic, antique, vintage, special interest, custom, hot rods and sports cars. Call 841-0707.
- Fourth annual Providence Festival of the Vine, 1 to 5 p.m., State House lawn, Providence, Featuring more than 600 wines from 125 wineries. Call 521-WINE, or visit www.providencefestivalofthevine.co
- Wild About Seniors continue through Sept. 30, Roger Williams Park Zoo, Providence, Special programming, including discounted admission to the zoo and special Visit giveaways. www.rogerwilliamsparkzoo.org.
- •Soup kitchen, 4:30 p.m., Community Baptist Church, Dr. Marcus Wheatland Boulevard, Military volunteers welcome.
- Newport International Polo Series, 5 p.m., Glen Farm, Portsmouth. USA vs. Fairfied.

### SUNDAY, Sept. 14

- Chapel of Hope Sunday worship
- Protestant service, 8 and 10:30

Catholic mass, 9 a.m. and

- Sunday bowling, Seaview Bowl-
- ing Lanes, Building 656, \$7 per person, two-person minimum per lane. Sunday morning bird walks
- through September, 8 a.m., Norman Bird Sanctuary. Free. Call 846-2577 · Soup kitchen, Salvation Army,
- Memorial Boulevard, welcomes military volunteers, 4 to 4:45 p.m. • Roger Williams Park Zoo Hispanic Heritage Day Celebration to kick

off month-long national observance,

### 11 a.m. to 4 p.m. MONDAY, Sept. 15

- Armed Services YMCA (846-
- 9622) Fitness Hour, 9 to 10:30 a.m.
- Nantucket Basketweaving, 6 to
- Adult Open Sewing, 6 to 9 p.m. • Career Options and Navy Skills Evaluation Programs begins through Sept. 18, 8 a.m. to 4 p.m. Provides professional career development resources throughout the career life

- Fitness Walk and Tone, 8 to 9 a.m., Gym 109.
- Intermediate Weight Training for Women, 9 to 10:30 a.m., \$10 per per-

### TUESDAY, Sept. 16

- Armed Services YMCA (846-9622):
- Fitness Hour, 9 to 10:30 a.m.
- Scrapbooking, 9 a.m. to noon. Kids Sewing No. 1, 3:30 to 5
- Navy Choristers rehearsal, 6:15-8:45 p.m., Quinn Lecture Room at Naval War College, Call 847-4256 or 423-3523 for more information.
- The Credit Process, 11:30 a.m. to 1 p.m., Fleet and Family Support Center. Call 841-2283 to register or for more information.
- Intermediate Weight Training for Women, 9 to 10:30 a.m., Gvm 109, \$10 per person. Call 841-3154.
- Pre-school Story Hour, 10:30 to 11:30 a.m., Norman Bird Sanctuary. Call 846-2577. Through Aug. 19
- Officers' Club movie night at 6 p.m., Holes (PG-13); 8 p.m., View From the Top (R).

### WEDNESDAY, Sept. 17

- Armed Services YMCA (846-9622):
- -Parents' Time Out, 9 a.m. to
- Adult Beginner Sewing No. 1, 9 a.m. to noon.
- Kids Sewing 31, 4 to 5:30 p.m.
- Soup kitchen, 8:30 a.m., Martin Luther King Center, Dr. Marcus Wheatland Boulevard. Military volunteers welcome, 8:30 a.m.; noon, United Baptist Church, Spring Street, Newport; 5 p.m., Newport Congressional Church.

### THURSDAY, Sept. 18

- Armed Services YMCA (846-9622):
- Fitness Hour, 9 to 10:30 a.m.
- PAT Playgroup, 10:45 a.m. to
- Kids Sewing No. 1, 2:30 to 4 p.m.; and 4 to 5:30 p.m.
- Anger Management (fifth of five sessions), 2:30 to 3:30 p.m., Fleet and Family Support Center.
- Soup kitchen, 8:30 a.m., Martin Luther King Center, Dr. Marcus Wheatland Boulevard, Newport. Military volunteers welcome: 5 p.m., St

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### **Announcements**

# Navy Birthday Ball coming, so save date

Naval Station (NAVSTA) Newport will mark the 228th anniversary of the birth of the U.S. Navy on Oct. 13, 1775, with the Navy Birthday Ball on Oct. 10 at the Officers' Club. Tickets on a sliding price scale are being sold at the Officers' Club Gift Shop and by command representatives.

The ball will precede the commissioning on Oct. 18 of the Arleigh Burke class destroyer Chafee at Pier Two. Dignitaries from the commissioning are invited to the ball.

# Ticket Connection open limited hours

Effective immediately, the Morale, Welfare and Recreation Department's Ticket Connection office in the Recreation Center, Building 656, will be open from 11 a.m. to 4 p.m., Monday through Friday. Regular hours are scheduled to resume on Wednesday, Oct. 1.

We apologize for any inconvenience this may cause. For more information, call 841-3116.

# MWR website offers information online

The Morale, Welfare and Recreation Department has announced the completion of a new website! Just log on and get all the latest MWR info right on your computer!

Computer users can check upcoming events, request a copy of the latest Leisure Times, confirm hours of operation for our facilities, get phone numbers and more! It is the best way to keep connected to all the fun, fabulous things MWR has to offer!

To check out the site, visit www.nsnpt.navy.mil/mwr\_sites.

# **SAT** preparation classes at CCRI and Bristol CC

The Community College of Rhode Island and Bristol Community College are offering SAT preparation classes this fall for testing starting at the end of October.

The CCRI fee is \$105 (textbook included), and is limited to 35 seats. The class is now offered at CCRI's Knight Campus in Warwick on Wednesdays until Oct. 29 from 6:30 to 9 p.m.

There are also seven sessions at CCRI Quonset. on Tuesdays until Oct. 28, from 6:30 to 9 p.m.

Bristol Community College is offering SAT preparation until Nov. 8, from 9 a.m. to noon, for \$125.

### **Choristers want you**

The Newport Navy Choristers are seeking new members for the 2003-2004 musical season. Five concerts are performed each season two in December, one in March, one in April, and one in May

Membership is open to active duty, reserve and retired military, DoD, and family members 16 years or older.

Choristers meet Tuesdays from 6:15 to 8:45 p.m. in Quinn Lecture Room at the Naval War College.

For additional information, call Steve Larson, 847-4256.



### Meetings/reunions

### Ft. Adams project is topic

The Southeastern New England Chapter of The Military Officers Association of America will hold its next luncheon meeting on Sept. 19 at the Officers' Club.

Social hour will begin at 11:30 a.m., followed by lunch at 12:15 p.m.

The speaker at 1 p.m. will be retired Col. Anthony Palermo, executive director of the Fort Adams Trust with the mission of operating and restoring Fort Adams. The north wall will be illuminated on Sept. 19.

More information is available from retired Col. David Fink, 849-8468.

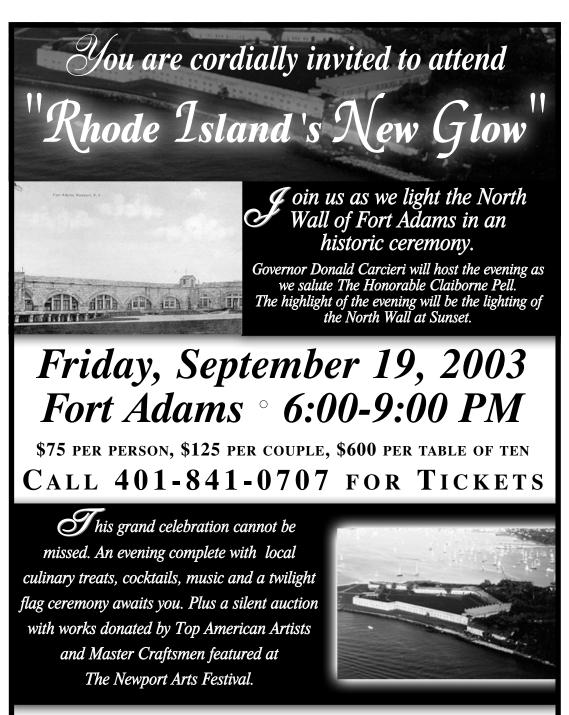
### **Retired enlisted to meet**

The Retired Enlisted Association, Narragansett Bay Chapter, will meet Sept. 13 at 10 a.m. at the East Greenwich American Legion Post on Main Street.

Volunteers are needed to help make Chapter 79 one of the best, President Mike Conroy said.

"It's time to consider a slate of officers for the coming year. Let your voice be heard."

For more information, call 846-0527





Proceeds to benefit Fort Adams Trust for Cultural & Educational Programs and to continue Restoration of this National Historic Landmark.

# Spend the Weekend at the Fort!

Your Friday evening ticket includes a complimentary ticket to the Newport Arts Festival.

September 20-21 10AM-5 PM, Fort Adams Featuring over 175 artists and craftsmen.

# Kids mingle with critters



IN THE SLOW LANES—Mason McGough, 9 months, is not too sure about being on all fours with an African spur thigh tortoise named 'Sherman.'

SNAKE CHARMER — Clayton Cecchetti, 10, keeps an king snake at arm's length at the Armed Services YMCA. The snake and other animals were introduced to children by Animal Experience of East Providence, a traveling zoological education program.



### By KIMBERLY MALLOZZI NAVASTA Public Affairs Staff

About 40 preschool children sat anxiously in their chairs at the Armed Services YMCA watching for creatures to start crawling, slithering and scurrying.

It was the annual visit by Animal Experiences of East Providence, a traveling zoological education program that brings snakes, turtles, lizards and other small animals for children to see and touch.

Guest Dave Marchetti displayed and discussed each of his reptiles, amphibians and furry critters.

Ranging from hedgehogs and chinchillas, to blue tongue lizards and alligators, the children enjoyed every moment.

"The lizards are good, but I love the turtles," said Sam Cecchetti, 8.

Cecchetti, who was attending for his third consecutive year, was accompanied by his two siblings, Victoria, 3, and Clayton, 10, and their mother, hady

"The children love this," she said. "It's wonderful because it's one of the only times the children get the chance to hold animals."

While Sam made friends with the American alligator,

Victoria sat cuddling a green tree frog, and Clayton found comfort wrapped in an albino king snake, mom stood watch.

Peggy Estes regards the "experience" as a long awaited one, "The whole week my daughter has been looking forward to this," said Estes, while handling the animals beside her daughter, Jackie.

"It's such a fun day for her," she said. "I can't show any fear, because Jackie will get scared."

The animals Marchetti brings every year are very docile and used to handling by children, even the alligator.

**CRITTERS, Page 9** 



Victoria Cecchetti, 3, gets eye-to-eye with a green tree frog, 'Sticky.'

Newport Navalog, Friday, September 12, 2003

### **Critters**

### **Continued from Page 8**

The American 'gator is the official state reptile of Florida

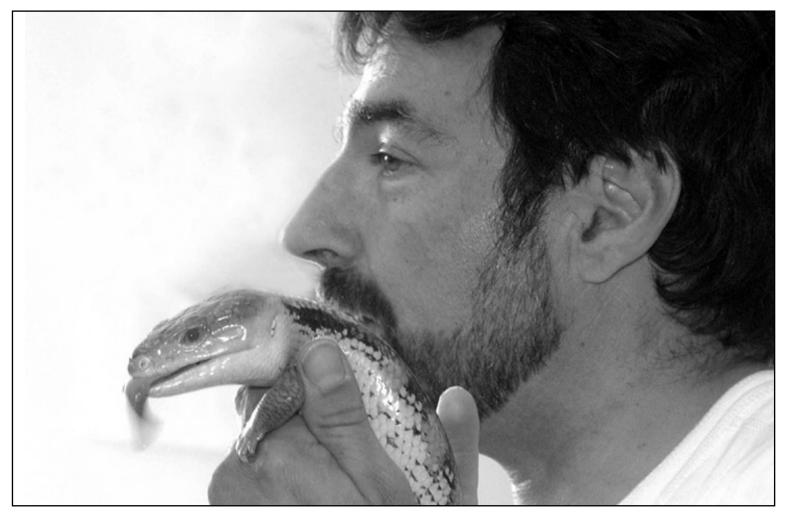
The chinchillas and hedgehogs are easy to care for and make great pets for kids, he said.

One of the more unusual reptiles that Marchetti brought was the blotched blue-tongue skink, one of the largest species of lizards in Tasmania and also found in Australia. Snakes included the albino king snake and milk snake.

Crawling around the floor was Sherman, an African spur thigh tortoise.

After the event each child received a backpack consisting of school supplies that Citizens Bank and 92 WPRO-FM donated to YMCA's and Boys Clubs and Girls Clubs across Rhode Island.

The Tools for Schools gave 75 of the 2,500 backpacks to the YMCAs.

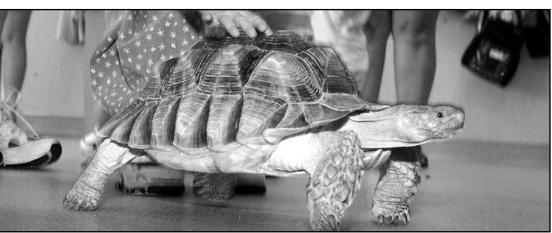


BLUE TONGUE SKINK or lizard, named 'Sir Lap Alot,' displays its unique anatomical feature while held by Dave Marchetti of Animal Experiences.

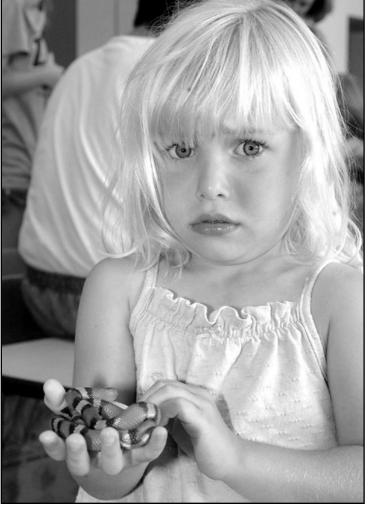
### Ron Fontaine/U.S. Navy photos



A HANDFUL — Marchetti holds a hedgehog, a furry creature that makes a great domestic pet.



SHELL GAME — A toddler checks the hard shell of a Sulcata tortoise named 'Sherman.'



COIL AND RECOIL — Victoria Cecchetti is a bit wary about holding a Mexican milk snake named 'Nestle.'

Newport Navalog, Friday, September 12, 2003

The Morale, Welfare and Recreation Department clubs have your NFL Sunday Ticket to see all the teams, all the plays, and all the action! The doors open at both locations at noon, so head over and grab your seat early!

The pub menu is available from noon to 7 p.m. at both facilities. As always, free peanuts and popcorn are available at the Topside Pub, and patrons can enjoy free hot dogs at half time at the Enlisted Club.

For more information, call the Officers' Club at 841-4821 or the Enlisted Club at 841-

### Officers' Club

(Building 95, Phone 841-4821, 846-7987 or 849-3693)

Today: Lunch, 11 a.m. to 1:15 p.m., first deck, buffetstyle selections.

Tonight: Kick off the weekend with complimentary hors d'oeuvres in the Topside Pub in the Officers' Club Gift Shop from 5 to 7 p.m. Order your during normal hours of operafavorite beverage or something from the pub menu, available until an hour before closing.

Saturday: Topside Pub opens at 4 p.m. Full pub menu O'Club: Legendary jumpavailable until one hour before

### Upcoming Events:

Advance tickets may be required for the following at the Officers' Club on Friday, events. Gratuity is included in Oct. 3! all tickets prices and there is no charge for children age 3 and under at special events. Tickets are available at the German delicacies will be Officers' Club Gift Shop during available. Roomful takes the normal hours of operation or by phone using Visa or Master-

To purchase tickets or for more information, call 846-5111 or 841-4821.

Crab-is-King: Don't miss Alaskan king crab buffet on will also be available the night Friday, Sept. 19, from 6 to 9 of the show for \$12 each. Tickp.m. You can start with crab ets for children ages 4 to 12 bisque, homemade crab cakes, cost \$5 a piece and children crab salad, and warm breads. Other crab delicacies include chase tickets by phone using king crab lasagna, crab del ray, Visa/MasterCard by calling and stuffed crab legs.

includes top round of beef, your tickets today. fresh vegetables, scalloped



THE legendary jump-blues band, Roomful of Blues, returns to Rhode Island for a repeat performance at this spectacular Oktoberfest event at the Officers' Club on Friday, Oct. 3.

potatoes and much more. Roomful of Blues visit their Don't miss this feast fit for royalty!

Ticket cost is \$31.95 for adults, \$11.45 for children 4 to 12, and free for children 3 and under. Seating will be by tickets and reserved time (requested at time of ticket purchase) only. Tickets may be purchased tion or by phone (Visa/MC only) by calling 846-7987. Advance tickets only.

Roomful of Blues to play blues band, Roomful of Blues returns to Rhode Island for a repeat performance at this spectacular Oktoberfest event

The doors, beverage stations and concessions open at 6 p.m. and delicious, authentic stage at 7 p.m., so come early, eat, drink and get a good seat, because this event is sure to sell-out!

Advance tickets for this extraordinary show are now on sale at the Officers' Club Gift this fabulous all-you-can-eat Shop for just \$10 each. Tickets under 3 are admitted free. Pur-846-7987. Don't miss this out-The buffet menu also standing musical event—order

For more information on by 1 p.m. on Sept. 25

website at www.roomful.com.

### **Enlisted Lounges**

(Recreation Center, Building 656, phone 841-3054)

Tonight: Kick off the weekend with a rockin' good time! Head over to the Recreation Center, Building 656, every Friday and kick off the weekend with a fabulous TGIF party!

Starting at 5 p.m., you are invited to enjoy complimentary hors d'oeuvres, sip refreshing beverages, and listen to the coolest tunes, spun by a rocking DJ from Get With it Productions.

### **Upcoming Events:**

Advance tickets may be required for the following

Clamboil on the Deck: Get your tickets now for the delicious New England clamboil to be held at the CPO Lounge and Enlisted Club on Friday, Sept.

If you have never experienced a clamboil, this is your chance to enjoy a New England favorite at an affordable

Tickets are just \$10 per person or, \$18 with a boiled lobster! You won't find a better price on this delicious special anywhere! The meal will be served from 5 to 8 p.m.

There will be a DJ on the deck spinning tunes and offering great prizes!

Tickets must be purchased

### **Ticket Connection**

### **Ticket Connection** open limited hours

Effective immediately, the Morale, Welfare and Recreation Department's Ticket Connection office in the Recreation Center, Building 656, will be open from 11 a.m. to 4 p.m., Monday through Friday. Regular hours are scheduled to resume on Wednesday, Oct. 1.

We apologize for any inconvenience this may cause. For more information, call 841-3116.

### 'Fox-trot' into fall with dance lessons

An eight-week session of ballroom dance lessons is scheduled to begin on Wednesday, Sept. 17, at the Knights of Columbus Hall on Valley Road, Middletown.

Classes will be held on Wednesday nights through Nov. 5 at the following times: 7 to 8 p.m., Beginner American Class (waltz, fox-trot, swing); 8 to 9 p.m., Beginner Latin Class (rumba, cha-cha, tango) Cost is \$48 per person for 8 onehour classes and \$80 per person for 8 two-hour classes. No prior experience is necessary, singles are welcome and the dress is casual. For more information, visit the Ticket Connection at Building 656 or call 841-3116.

### Try train, riverboat for Conn. sightseeing

Climb aboard the Essex Steam Train and Riverboat for a two and a half-hour sightseeing excursion that includes some of Connecticut's most beautiful landscapes and unusual treasures.

Ticket Connection, Building 656, offers discounted tickets to the Essex Steam Train and Riverboat tour which features an hour-long tour through scenic towns, pristine meadows and coves and wildlife preserves aboard an authentic steam locomotive.

Next, board a multi-deck riverboat for a cruise down the Connecticut River. Sit back and relax as you learn about the history, natural wonders and legends surrounding the River.

You will also pass by the historic Goodspeed Opera House and Gillette Castle. The tours are available year-round (see schedule for details) and feature special weekends, including a Day out with Thomas and The Polar Express.

Tickets cost just \$22 for adults (a \$2 savings) and \$11 for children 3 to 11 (a \$1 savings). Purchase yours today! For complete schedule and details, visit, call 1-800-377-3987 or pick up a brochure at the MWR Ticket Connection.

### **Visit Doris Duke's** with discount ticket

Would you like to see one of the most prestigious mansions around? Ticket Connection, Building 656, is offering tickets to the late Doris Duke's mansion, Rough Point.

The English manorial estate built in 1889 for Fredrick W. Vanderbilt, was purchased by Doris Duke's father in 1922. It is located on Bellevue Avenue overlooking the Atlantic Ocean. It houses the Duke family's extensive collections of European fine and decorative arts, which include works by Gainsborough, Reynolds, Bol and Renoir.

Tickets are \$23 per person and must be purchased 48 hours in advance. Tours are available Tuesday and Wednesday at 9 a.m. and 1 p.m., and Thursday through Saturday at

Ticket purchasers need to pick up the shuttle at the Gateway Center, cars cannot be driven on Rough Point Property. For more information, call Ticket Connection at 841-3116 or call Newport Restoration Foundation at 849-7300.

### Leisure

### **Bowling**

(Building 656, 841-4293)

Fall Bowling Hours: The people. Seaview Bowling Center, Building 656, announces the following fall operating schedule: Monday 5 to 9 p.m. Tuesday through Friday, 5 to 10 p.m.; Saturday and Sunday, 1 to 7 p.m. Rock and Bowl, every other Saturday, 8 to 11 p.m.

For more information, call the Bowling Center at 841-4293, during business hours.

### Specials:

Youth Bowling Leagues: Morale, Welfare and Recreation's Seaview Bowling Lanes, Building 656, invites bowlers ages 5 and up to participate in the Youth Bowling (YABA) League. League bowling begins tomorrow and all games will be played on Saturdays from 1 to 3 p.m.

The league is open to children of active duty military personnel, retirees, reservists and DoD civilians. For more information, please call Ed Machado Wednesday, Thursday or Friday, 5 to 10 p.m., Saturday and Sunday 1 to 7 p.m. at 841-4293. Evenings, you may also contact Lee Van Buren at 849-5877.

 Rock and Bowl: Every other Saturday night beginning at 8. Cost is just \$7 per person. Bowl a strike when the head pin is red and you will win a prize! It's rocking, it's rolling, it's bowling and it's a blast! The next Rock and Bowl night is, Sept. 20.

- Bowling birthday parties available Saturdays and Sundays and include reserved lanes with or without bumpers. A party table with chairs is also included. Cost is just \$5 for each child, includ- Hammer Strength, lifecycles, ing shoe rental.

### **Gymnasium**

(Gym 109, 841-3154 or FIT-NESS Plus, Building 355, 841-1474)

• Register today for intramural flag football and have a super season of friendly competition and fun! The league is open to active duty, retirees, reservists, dependents and Department of Defense civilians age 18 and over.

Games are played Mondays through Thursdays (Fridays if needed) at Carr Point and Lawrence Field at 5:15 p.m. and 6:15 p.m.

The flag football season runs through Nov. 14.

Teams may register at Gym 109, Monday through Friday, 8 a.m. to 4:30 p.m. until Oct. 10. There is a \$15 fee for DoD civil-

All teams are required to pay a (refundable) \$100 forfeit fee game. For more information, call the Athletic Department at 841-7196.

• Fitness Walk 'n Tone, designed for patrons age 50 Room at Fitness Plus.

• Sunday special is \$7 an and up. Stretching and muscle plus minutes of fitness walking for classes to begin. around the gymnasium. Classes are held Monday and Thursday, 8 to 9 a.m., in Gym 109. is \$5 for six weeks.

> • Fitness equipment such as treadmills, free weights, etc. available; also racquetball, squash and basketball courts.

### Aerobics/ exercise

(FITNESS Plus, Building 355, 841-1474)

Current hours of operation are Monday to Friday, 5 a.m. to 6 p.m.; closed weekends and holidays.

• Yoga: Register today for the next session of Vinyasa Yoga, beginning Wednesday, Sept. 24 at Fitness Plus, Building 355. This class will take participants through a series of poses with particular emphasis on using breath to guide movement. Students will learn the Ujjayi breathing technique and proper posture alignment while enjoying a vigorous cardiovascular workout.

Special attention will be directed towards postures that aid in athletic activities.

Kristin Wilkes, a certified and must have matching shirts Yoga instructor and a licensed with numbers by the first dietician at the Naval Ambulatory Care Center, will teach. The six-week session costs \$60 and classes are held from 4:45 to 5:45 p.m. in the Aerobics

hour from 1 to 7 p.m. for two toning exercises as well as 20-tered participants are needed 13).

### **NAVSTA** movies

Call for space availability. Fee Sept. 16: 6 p.m., Holes (PG); 8 Down With Love (PG13).

A minimum of 10, pre-regis- p.m., View from the Top (PG-

•Recreation Center: The following movies are shown upon request beginning tonight: •Officers' Club, on Tuesday, Daddy Day Care (PG) and



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### **Army Veterinary Clinic**

### **New hours of operation**

The Vet Clinic hours of operation are as follows: Monday through Friday, 8 a.m. to 4 p.m. Other hours may be available by appointment. Please call 841-3994 for additional info.

### **U.S. Army Vet Clinic** offers pet services

The U.S. Army Veterinary Treatment Facility, located in Building 303, Naval Station Newport, specializes in updating canine and feline vaccinations to meet local regulations and laws.

The clinic treats a variety of pet illnesses such as ear infections, skin problems, arthritis, Lyme disease, sprains and lacerations.

It can help diagnose infectious diseases, orthopedic problems and tumors. Additionally, we help keep your dog healthy and happy with toenail trims and parasite control as well as

routine vaccinations. Heartworm prevention medication, prescription-strength flea and tick control products, vitamins and shampoos for coat health are also available at the clinic. Call 841-3994 for an appointment or additional

### Flying overseas? Check pet requirements first

As soon as you find out that you will be transferring outside of the continental United States, come in to the U.S. Army Veterinary Treatment Facility and find out what you will need to prepare your pet for overseas travel.

A USDA certified veterinarian must sign international health certificates and we have the only USDA certified veterinarian in the

Call 841-3994 for an appointment or additional information.

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lower your blood pressure. Health.

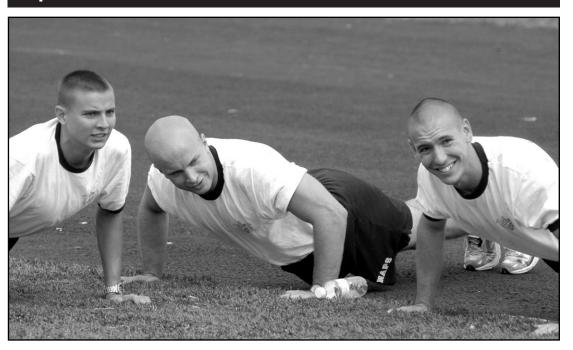
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Sierra Military Health Services, Inc., the TRICARE administrator for TRICARE Northeast, Your doctor may also pre- presents this information courscribe medication to help tesy of the National Institute of

### **Sports**



GIVE ME 20!— Naval Academy Prep School midshipman candidates, from left, Chris Ventura, Erik Westland and Mark Llewellyn do pushups on Nimitz Field after the Rams scored during a recent home game. The team traveled to Troy, N.Y., last weekend to face Hudson Valley Community College.

# **Hudson Valley experience,** power blunts NAPS, 30-0

By ENSIGN SCOTT MEIS

Navalog contributor

TROY, N.Y. — Relying on a strong running game, the held NAPS to only 17 yards Vikings of Hudson Valley Community College rolled over the the Naval Academy Prep School Rams, 30-0, last Saturday at Veterans Memorial

Hudson Valley's experience and strength proved too much for NAPS to handle in their second game of the season.

Despite maintaining possession of the ball for the first 9 minutes of the game, the Rams were unable to post any points on the scoreboard. What looked to be an early touchdown for NAPS was immediately called back because of an offensive penalty. Nonetheless, the only score during the first half arrived after the Vikings returned a fumbled NAPS pitch for a touchdown.

The Rams held the Vikings to a 10-point lead through most of the third quarter before Hudson Valley scored again, making it 17-0. The lead became insurmountable as the Vikings coasted through the fourth quarter, solidifying their Gilley had another standout

In the end, the Vikings had forced seven turnovers and total offense in the second

In spite of giving up 194 yards on the ground, the Rams had a few bright spots on defense. Linebackers Lasanio Small and Nick Clark each had 11 tackles while cornerback Greg Thrasher added 10 tackles of his own.

Defensive lineman John RAMS, Page 13

game with 10 tackles, a sack, recovered fumble, and a blocked field goal.

Andrew Johnson led the offense with two receptions for 22 yards while also carrying the ball six times for 28 yards. Reggie Campbell added 27 of his own yards on the ground.

In addition, Nick Williams and Kyle Kimbro each ran the ball five times for 34 yards apiece.

### Diabetic

### **Continued from Page 3**

blind in one eye. But he remains positive.

"Just because you have diabetes doesn't mean your life is foot second hand vessel and over," he said. "You have to named it the "Ascencia" after control it. I really want diabet- the name of one of Bayer's gluics to follow the program. If cose monitors. they look after themselves, they'll have a good healthy

the World Alone" started in process. Newport on Sept. 12, 2002. It occurs only every four years and takes approximately eight months and covers 28,000

It is the longest race for any individual in any sport and has been called "the single toughest sporting event." Fewer than 70 people have ever completed the race, and the last Canadian who attempted to sail alone around the world was lost at sea in 1996.

efforts to raise the necessary funds (total expenses can reach \$4 million to \$5 million), Dennis finally gained the pump. He was forced to withsponsorship of Bayer Labs, makers of diabetic supplies and pharmaceuticals.

With only two months before the start of the race, he scrambled to totally refit a 50

Not only was Dennis the oldest sailor at 57, he was also sailing the oldest boat and was the The five-leg race, "Around last one to start the refitting

> After completing the prerequisite round-trip transatlantic voyage to the Azores (29 days, 4,000 nautical miles) and sailing half of it alone, Dennis then successfully completed a rollover test. That is when the boat is completely turned upside down and must be righted.

Dennis completed the first two legs of the race and reached Cape Town on Dec. 5. After several unsuccessful But just a few hundred miles into the third leg a seized engine bearing disabled both the boat's autopilot and ballast draw from the race.

Those interested in attending should call 841-6778.

### NAPS football schedule

The Naval Academy Prep School football team schedule is also on the NAPS home page, www.naps.edu.

Sept. 13, Dean College, Franklin, Mass., 1 p.m.

Sept. 20, open date

Sept. 27, at Nassau Junior College, Garden City, N.Y., noon

Oct. 5, at Naval Academy junior varsity, Annapolis, Md., noon Oct. 12 (Parents Weekend) at Yale University junior varsity, New Haven, Conn., 1 p.m.

Oct. 18, open date, NAPS midterms.

Oct. 25, Bridgton Academy, Maine, 1 p.m.

Oct. 31, at Naval Academy junior varsity, Annapolis, Md., 3 p.m. (NAPS battalion trip)

Nov. 8, Military Academy Prep School, 1 p.m.

Nov. 15, Morrisville Junior College, noon

Nov. 22, at Air Force Prep, Colorado Springs, Colo., 1 p.m.

All home games are played at Nimitz Field on the NAPS campus, Naval Station Newport.

### Rams

### **Continued from Page 12**

In his second game as head coach, Clayton Kendrick-Holmes viewed the loss as an eye-opener for his team.

"Our guys really learned how good the competition is at the college level," he said. "Hopefully they understand how hard they have to prepare to compete each week."

An early season loss has provided Kendrick-Holmes with a good idea of the areas in which his team must improve.

"We have to start capitalizing on our opponents' mistakes and creating opportunities rather than problems on special teams."

The Rams' challenging schedule continues tomorrow against Dean College of Franklin, Mass., when they square off for a home battle at noon on Nimitz Field.

### **Stress**

### **Continued from Page 3**

2001 but was cancelled after the terrorist attacks.

Maj. Bauer said the focus is not only how to intervene with people exposed to PSTD in combat or otherwise and how to help them recover, but prevention.

As servicemembers return from Iraq and Afghanistan it is important to have appropriate services in place, he said.

Recognizing the symptoms and knowing what's appropriate in terms of treatment are the keys to treating PTSD, Bauer said. Treatment of PTSD is a multi-disciplinary effort and that may include psychopharmacology, psychotherapy, social support, family support and spiritual support."

"We look at the bio-psycho-social sphere of things, history of trauma experienced, as well as other medical problems they may have (cardiac, respiratory, etc.)," he said. "The earlier they receive appropriate intervention, the better."

Bauer, whose first 16 years of military service was Navy, has extensive experience working with victims of various types of trauma.

"When we speak of working victims of trauma, this can be combat, domestic violence, sexual assault, a fire or accident," he said.

Bauer said the second anniversary of the Sept. 11 tragedy will no doubt be traumatic for many, as they relive the horror, not only in their minds, but see news tape on television.

Diagnosing PTSD can be complex, even for trained professionals. Indicators can be physical, cognitive/mental, emotional and/or behavioral.

PTSD is not new. It erupted in major proportions 30 years ago with the return of the Vietnam vets. Unlike today, they were ostracized and forced to hide their pain, said Bauer, who treats many of those veterans today.

"The most important element is trust," he said. "You have to establish a relationship and environment where the victim feels safe."

Bauer said it is important that history does not repeat itself and that first level responders have the tools to recognize those indicators and secure intervention in a timely and efficient manner.

Bauer said training is being conducted at such places as Fleet and Family Support Centers (FFSC) and worked into curriculums such as Naval Chaplains School in Newport.

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MONDIAL automobile Rooftop bike rack, l new, will fit '93-'98 Jetta, also '93-'98 C \$295. Call 508-496-824:

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HOT TUB, 5 person, 3 yrs. old. All opti \$3500. 624-8911.

JBL SPEAKERS, N2400, 1962. \$500/best 846-7044.

ONKYO audio control receiver, 1 CD changer, SW 15 powered speakers. \$650. 846-7044.

WEDDING DRESS:
Beaded Mermaid Style
Oleg Casini. Never wor
fits size 18-20. \$
401-952-2487.

### 522 - Sportin

PRO TOUR OVERSIZE 3 - Sandwedge, w/stand bag, 3 woods. Used 1 season. Excellent be ginner, intermediate s \$100. 849-7425 after

### 530 - Househol

BDRM. SET - Broyhill Modern, Bleached oak, w/Brass trim. Like ne 70" dresser w/mirror, night chests, high che Photos avail. \$1200/b st. 401-845-9339.

REFRIGERATOR, side by side GE, good cond \$195. 846-0726.

STACKABLE washer & dryer, good working cond., elec. \$22! 849-0090.

STOVE, ELECTRIC GIB-SON. Almond, selfclea ning. Excellent con \$175. Call 846-3825.

590 - Music



VIOLIN LESSONS. Ages 5-95, Call Mr. Drago 847-8529.

WURLITZER PIANO, in excellent cond. \$65

ewport Navalog, Friday, September 12, 2003

# September

### 640 - Antig

ANTIQUE Butcher Block table. 100 years of \$500. 682-2462.

### 0670-Business Or

INVESTING? INVESTING?
Promises of big prot means big risk! Call AG-Consumer Protection at 800-852-7776, the Federal Trade Commission at (877)-FTC-ELP for free information visit our Web site Or visit our Web site www.ftc.gov/bizop.

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JAMESTOWN. Room-mate to share 2 bdrm home, own bath. Walk \$750 uti incl. 226-6969.

### 700 - Rooms f

PLEASANT FURN. room overlooking Easton' Beach. All utils.: Shared (1 other persor kitchen & bath. Off kitchen & bath. Off parking, on site coin laundry. \$500/mo. Long term only. Call 864-270

### 710 - Unfurn.

- 1 BDRM.: Kay/Catherine area. Avail. 10/1, lau porch, fireplace. \$1,00 utils. Short/longlease utils. Short/long lease. 401-846-8353.
- 2 BDRM. Quiet setting parking, No pets/smok ers. \$1,100 incl. hea water. 401-447-4347.
- 2 BDRM., 2 bath apt. Goat Island, Capell South. Avail. nov \$1400+. Ask for Don 849-6683 ext. 26.
- 2 BDRM., Avail. 10/1 2nd fl., \$1000+. 84 5560 or 849-3548.
- 2 BDRM., Newport. Living room, dining room kitchen, office, garaw/d hookup, in 2 fami home. Call Mrs. Smith 848-9522.
- BDRM., Spectacular Bay views from balcony Immaculate, spacious 10/15. Laundry, air pool. No pets. \$1,095 Portsmouth. 849-1100.
- 4 BDRM., 2 baths w/deck, 2 flrs., updat w/deck, 2 flrs., updat
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ADORABLE, 1 BDRM.
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gas. Avail. 10/1 849-07

JAMESTOWN: 1 bdrm., porch, workshop, gar den, \$1100, 423-0812.



KAY/CATHERINE AREA. 1 bdrm. unit. Ye; round. Parking. Start: \$675 + utils. 848-624

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### Unfurn. 710 -

NEWPORT, newly renovated 3 bdrm. New porch, washer/dryer. N smokers/ pets. \$1600+.847-6667. NEWPORT,

NEWPORT/MIDDLETOWN line. 2 bdrm. Parkin private yard, quiet, floor. \$975. 401-45 1814 or 508-487-7382. bdrm.

bdrm., 1.5 bath duple new carpeting, full ba ment, off st. parki \$1200+. 401-714-4626.

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PORTSMOUTH 1 bdrm. \$725/mo. + utils. N pets & no smoking. 401-625-5883.

PORTSMOUTH. 2 bed-room, w-w carpet, o street parking. No pe \$900+ utils. 683-1804.

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### 4444

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ATTN: Military & other Contemporary water-front condo downtown, front condo downtown, 3 bed, 2.5 bath, all ury amenities, garac parking, fabulus dec overlooking harbor \$2200 incls. Jo-Ellir Re/Max 401-261-3777.

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NEWLY REMODLED Newport 3 bdrm., par tially furn. Sept. 1 31, (flexible), 2 b; \$1750/mo., off st. pa ing, washer/dryer. C Linda, 401-225-8033 c Josh @ 862-1624.

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in good condition, hu 6,000 sq. ft. Boat s age Barn, lots of c buildings, 3.9 acres land. Exciting opport nity - \$500's. TIVERTON: NEW LIST- Fabulous

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HONDA ACCORD 1989. Good running cond. In spected til 10/04. owner, many new parts. \$1495 or best. Ca 847-2179.

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\$2000. GGZ

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'+i1 3/05. AL spected til 3/05. A air, good cond. \$3,10 683-3442, btwn 6-9pm.

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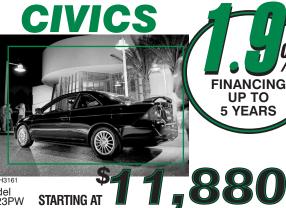
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